

Youth - Time

**LONG TERM ESC VOLUNTEERING
IN ROMANIA**

**October - October
2022 2023**



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New project, who this?

Youth Time is a long term ESC project (12 months) about social inclusion, human rights, solidarity, and about YOU working shoulder to shoulder with FITT's team, getting familiar with youth work and the general functioning of youth NGOs.

FITT, together with international & national volunteers, and the local community has turned several industrial buildings into youth centres. These youth centres are spaces dedicated to young people, for their free expression and development.

We are now looking for 14 volunteers in Timișoara  and 6 volunteers in Lugoj  to run the youth centres and to organise activities for young people.

The 2 different cities are 60 km apart



We want to:



#TeamGoals

- Promote the importance of volunteering activities for personal development through volunteering at local and international levels;
- Promote inclusion and human rights education among young people from Timișoara and Lugoj, by implementing weekly workshops for 12 months and using human rights education methods;
- Develop skills in order to increase employability for the 20 volunteers by familiarising them with the youth work and youth NGOs;
- Deliver activities in different neighbourhoods (in FITT's youth centres), engaging young people in non-formal education workshops regarding human rights education and youth participation;
- Debate and explore the concepts of youth participation and active citizenship at local, national, and European levels, with young people from the marginalised neighbourhoods in Timisoara or Lugoj.

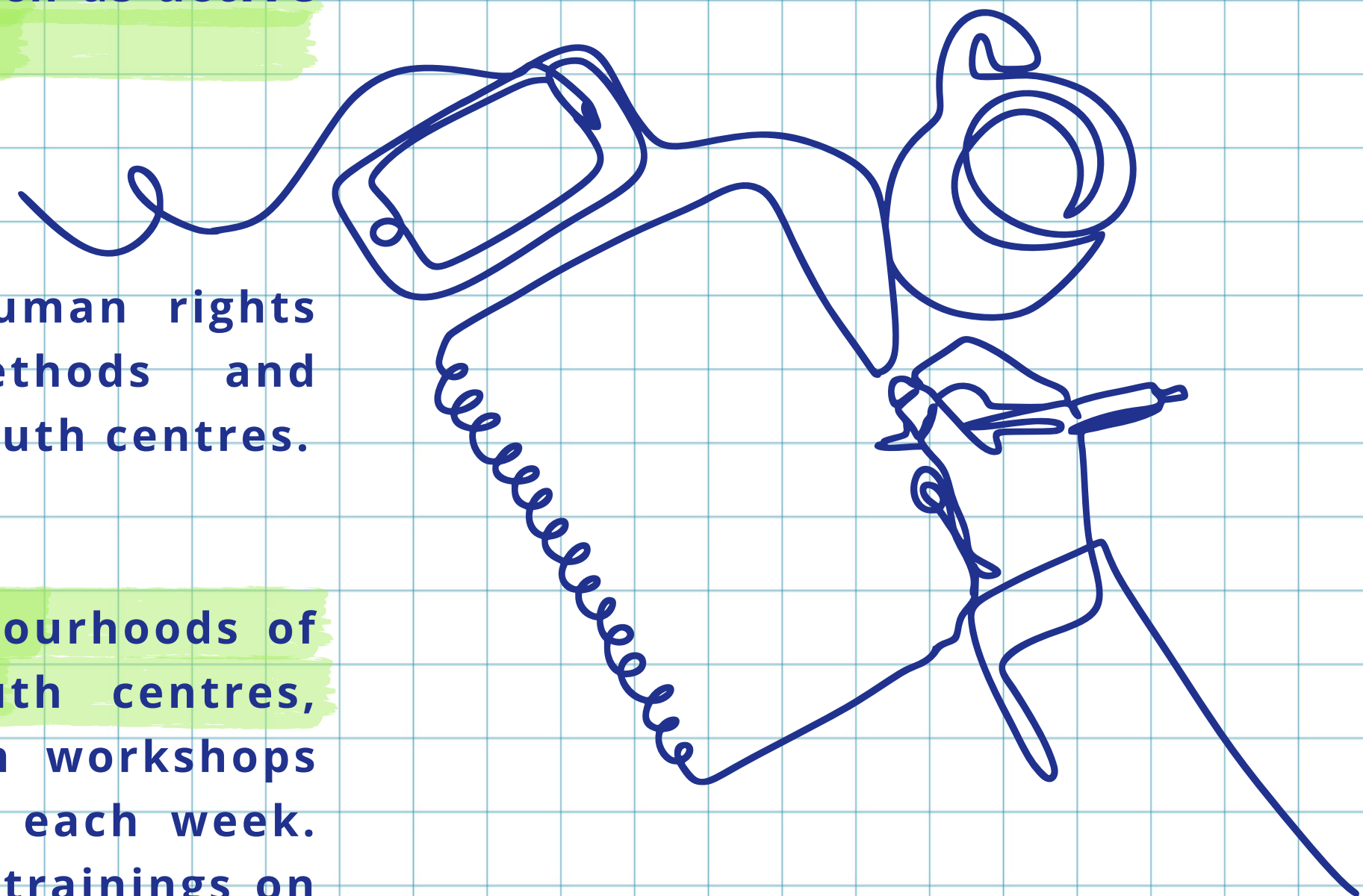


How you doin'?

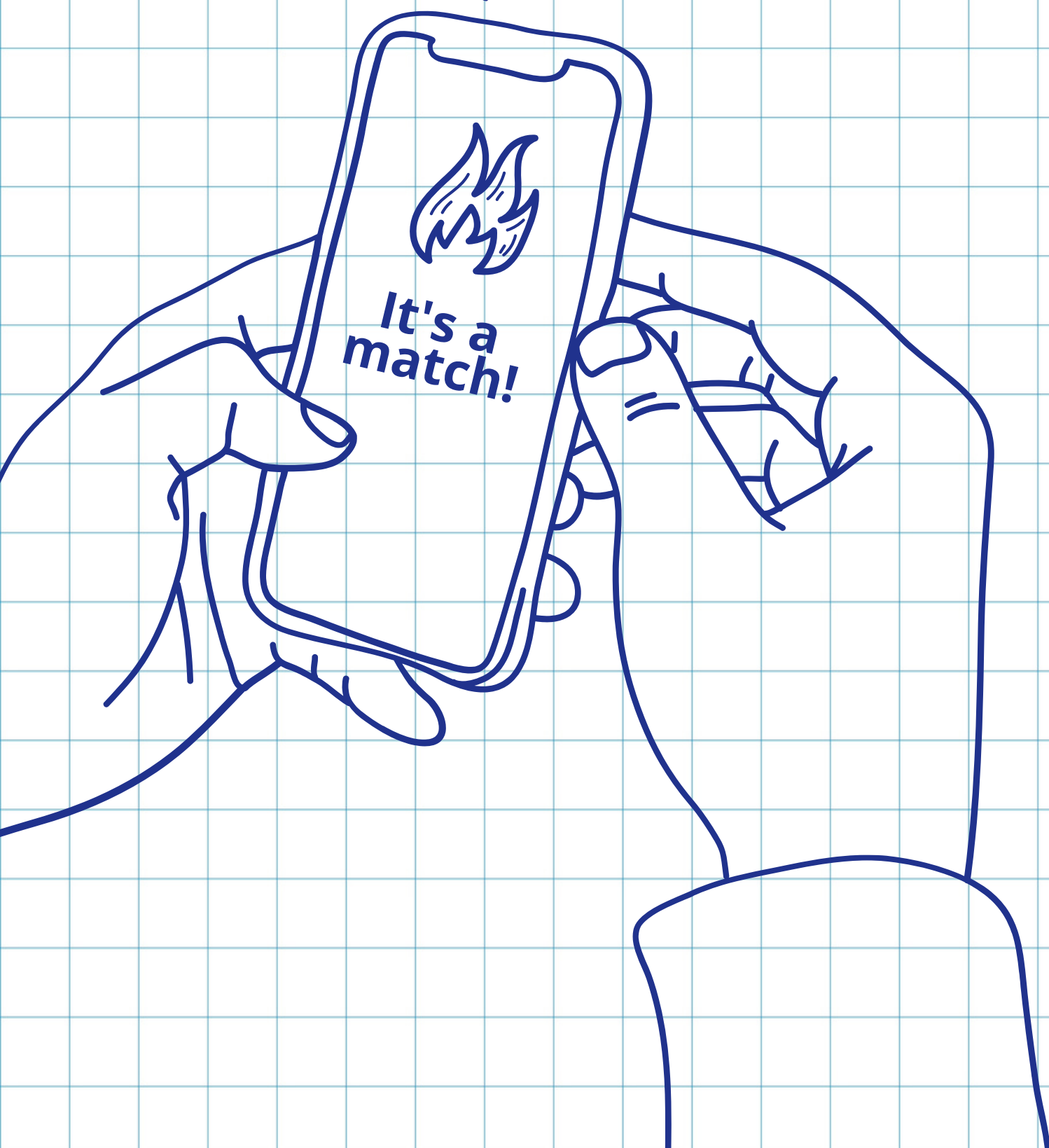
1. You will make **presentations** about **volunteering** and its **benefits** at the **local** and **European** levels and will **organise non-formal educational activities** on various topics, such as **active citizenship, human rights, and social inclusion.**

2. You will **facilitate weekly workshops** on **human rights education**, using **non-formal education** methods and promoting debate among the participants in the youth centres.


3. You will **animate activities** in different neighbourhoods of **Timișoara** or **Lugoj**, in the **reconditioned youth centres**, **engaging young people** in **non-formal education** workshops regarding **human rights** and **youth participation** each week. More than this, you will benefit from a series of trainings on various topics, as well as of **Romanian classes.**

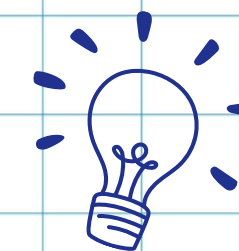


Are you the right person?



We are looking for people who are:

- Between 18 and 30 years old;
- Fluent in English;
- Happy to work with youth;
- Excited to develop new skills in organising, implementing, and coordinating activities;
- Having residence in one of ESC eligible countries 
- Brave enough to move for one year to another country.



What will you get?

Learn about the field of youth work directly from our team of youth workers and by yourself through practical experience;

Develop your communication skills in English in a diverse environment;

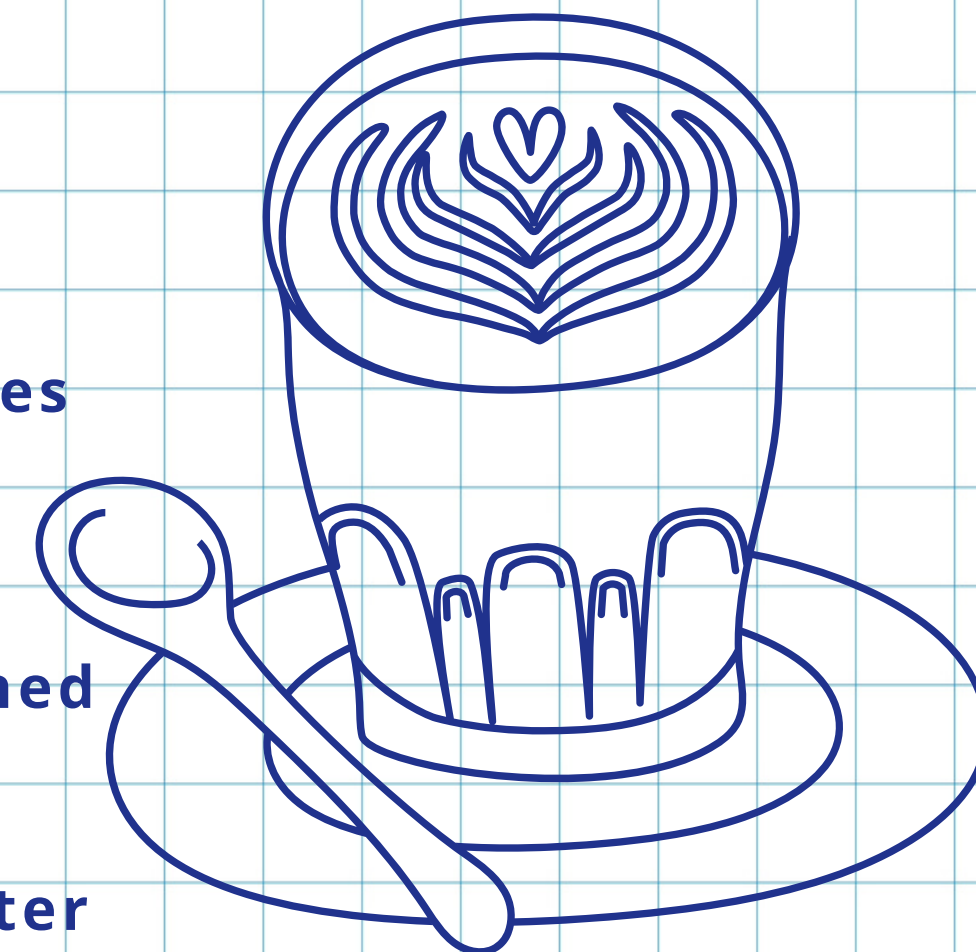
Learn some Romanian and practice it while engaging young people in marginalised communities;

Learn to adapt and be more flexible in a professional and youth friendly environment, while dealing with unexpected changes and different challenges related to youth work, solidarity, and volunteering;

Develop your planning and organising skills: together with the volunteers coordinator you will get to create a schedule for activities that will be planned throughout the entire year;

Grow and mature with every experience, success, and challenge you encounter while living in a different country for 12 months;

Learn to engage and promote in the local community, to activate the youth and generate a social impact.



Don't worry about:

Accommodation and meals

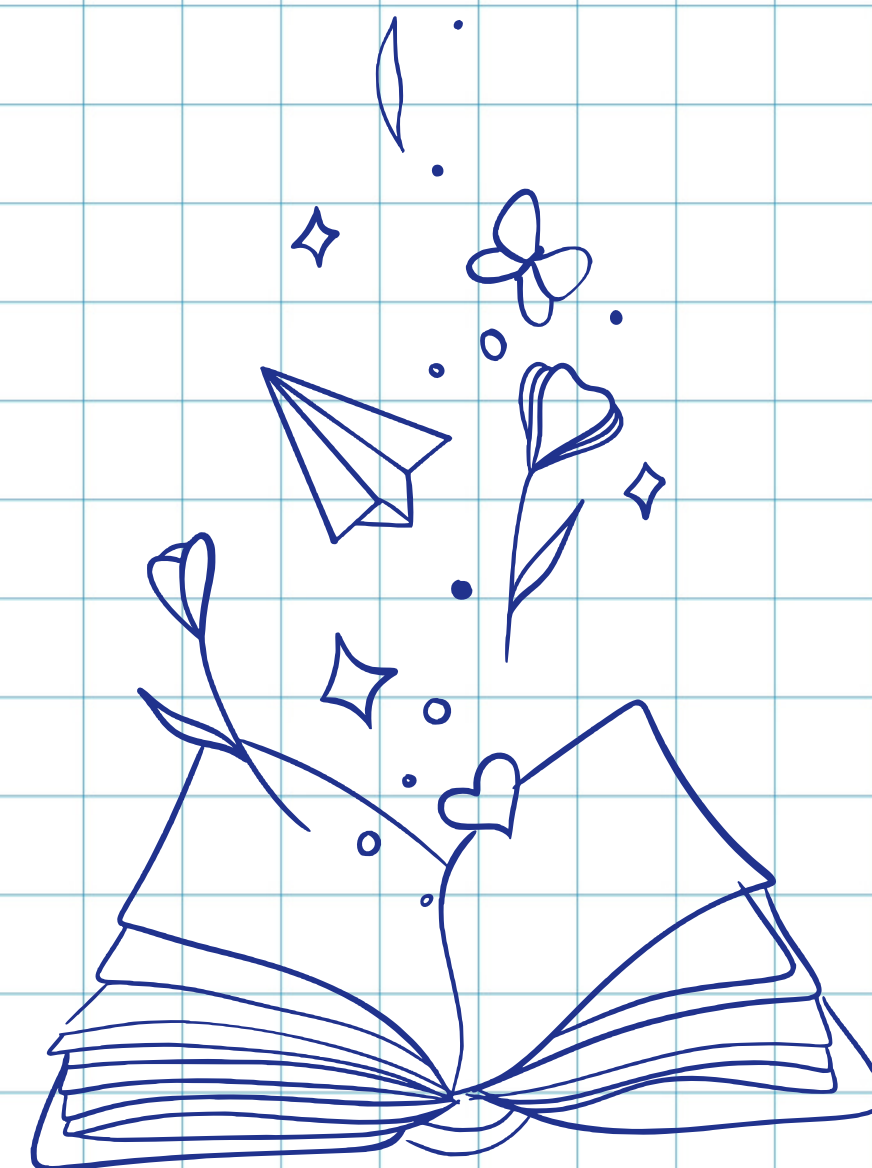
- These will be provided in the accommodation facilities of the Youth House. You will stay for 12 months in a twin room (2 single beds or 3 single beds). The meals will be your responsibility: you will have a shared kitchen and you'll receive monthly money dedicated to this (5 EUR - food allowance/day), and of course, you'll receive pocket money too (3 EUR/day).

Local transportation and airport transfer

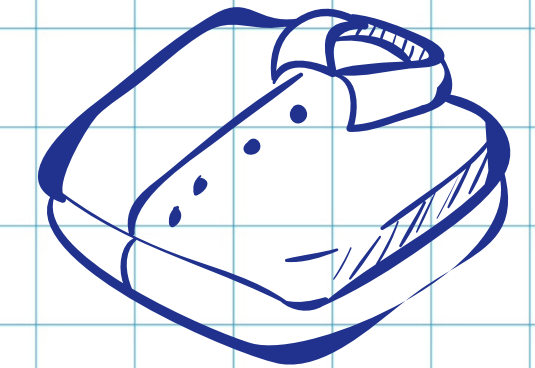
- You will be picked up at the airport by someone from FITT staff to avoid any discomfort. Volunteers will be given subscriptions to public transport in Timișoara.

Integration and adaptation processes

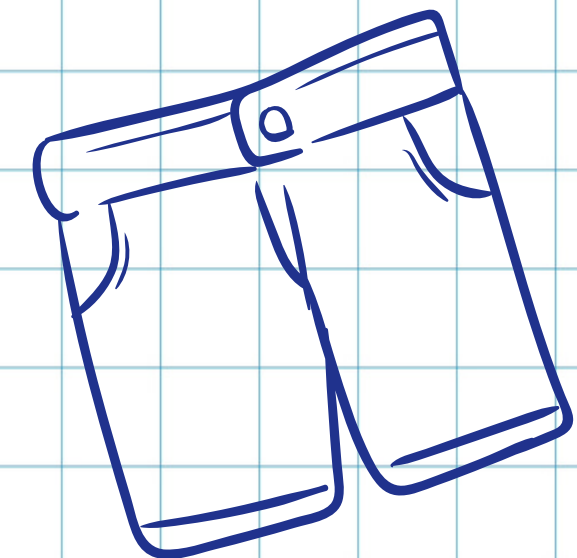
- You will be included in FITT's team of volunteers from the first moment of your arrival. You will have a FITT-appointed coordinator to accompany and facilitate your activities within the project. Also, you will be given a resource person and a mentor who will guide you in the learning process.



Bring with you:



- An invoice/contract/any other official paper containing your address in English;
- A decoded mobile phone;
- Comfortable clothes, shoes & accessories suitable for the 4 seasons of weather;
- Towels, bath flip flops, hygienic products, and a hair dryer, if you need one; medicine, if you have any specific illness or medical condition; we will have a first aid kit, but it doesn't have specialised medicine. If you have any allergies or medical conditions that you think we should know about, please inform us beforehand, to avoid any complications. We will keep it confidential!
- A lot of good energy;
- A personal laptop, if possible (we have computers to work on, but it would be easier to have a personal laptop to work on).



Travel reimbursement

Remember to check the distance calculator!

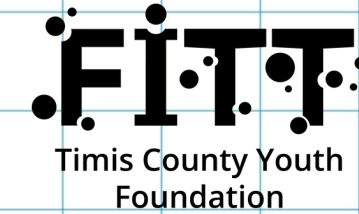
WHAT ARE THE FUNDING RULES?

Eligible costs	Financing mechanism	Amount	Rule of allocation
Travel Contribution to the travel costs of participants from their place of origin to the venue of the activity and return. In addition, if applicable, travel costs for Advance Planning Visits.	Contribution on the basis of unit costs	For travel distances between 10 and 99KM: EUR 20 per participant	Based on the travel distance per participant, including accompanying persons. Travel distances must be calculated using the distance calculator supported by the European Commission ²⁷ . The applicant must indicate the distance of a one-way travel to calculate the amount of the EU grant that will support the round trip ²⁸ .
		For travel distances between 100 and 499 KM: EUR 180 per participant	
		For travel distances between 500 and 1 999 KM: EUR 275 per participant	
		For travel distances between 2 000 and 2 999 KM: EUR 360 per participant	
		For travel distances between 3 000 and 3 999 KM: EUR 530 per participant	
		For travel distances between 4 000 and 7 999 KM: EUR 820 per participant	
		For travel distances of 8 000 KM or more: EUR 1 500 per participant	
Organisational Support Project management costs (e.g. planning, finances, coordination and communication between partners, administrative costs)	Contribution on the basis of unit costs	EUR 2 000 per volunteering team activity EUR 225 per participant in individual volunteering Maximum EUR 4 500 per project	Based on the number of activities for volunteering teams and the number of participants in individual volunteering activities, excluding accompanying persons.

We prepared a video to help explain how this works - click the drawing!

Any visa fees will not be covered.

We all **FITT** *in!*



[Video here \(click me!\)](#)

Timis County Youth Foundation (FITF) is an umbrella organisation for youth NGOs in the western part of Romania. With more than 30 youth NGOs members and 32 years old, FITF is the most important and old youth NGO in this part of the country.

The Programmes and activities implemented by FITF range from social programmes for disadvantaged young people to cultural programmes, active citizenship and policy development (local and national levels).

FITF, in itself, is a model of democratic behaviour, being administrated by a General Assembly made of youth NGOs in Timis County (West part of Romania).

We own the Youth House of Timisoara - which has had since 2016 the Quality Label for Youth Centres from the Council of Europe. So, we are one of the 15 such Youth Centres in Europe that have this accreditation and the only one in Romania.

We have over 32 years of activity in the youth field and manage 8 youth centres in Timișoara and 1 in Lugoj.

Timișoara

Timișoara is a special city. Everybody feels it: those who were born and live here and those who come here and then decide to stay. Timișoara is a city of parks and heritage buildings, a city both cultural and sportive, a university city, and especially an amazing city to those visiting it. Timișoara has got many things to offer, such as:

- Impressive heritage from different epochs and cultures
- Rich cultural history
- Agitated and fun nights in the popular clubs
- Refined evenings in elegant restaurants

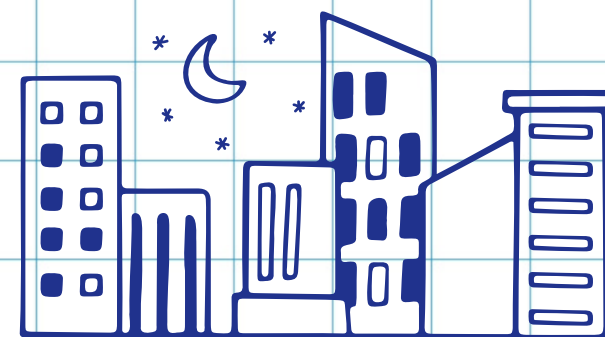


Timișoara is a permanent space of cultural and ethnic interferences that offers the city multiple advantages. Most importantly, it will be The European Capital of Culture in 2023, being also the largest city in western Romania.

- Timișoara was built on a swamp; The Metropolitan Cathedral has 5000 oak supports underneath it.
- The 1st beer factory in Romania was opened here in 1718.

As a true youth city, Timișoara received the title of the National Youth Capital, a program resulting from the EYC Youth @ Cluj-Napoca 2015. The implementation of this 1st edition has been under FITT's coordination from the 2nd of May 2016 until the 1st of May 2017.

Lugoj



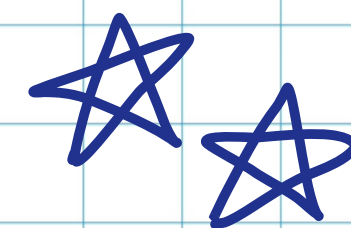
Lugoj is a city in Timiș County, Banat, western Romania. The river Timiș divides the city into two halves, the so-called Romanian Lugoj that spreads on the right bank and the German Lugoj on the left bank.

Lugoj was once a strongly fortified city that developed along the river Timiș. During the Middle Ages and eighteenth century, it was of greater relative importance than at present. In the 18th century, many public buildings were built in the city, including the Roman Catholic Church and the Orthodox Church "Assumption".

The Iron Bridge, a symbol of Lugoj, was built in 1902. On November 3, 1918, a Great National Assembly took place in Lugoj. The right of self-determination of the Romanian nation was proclaimed after the dissolution of the Austro-Hungarian Empire in World War I.

In modern times, the city was the hometown of the famous Dracula actor, Bela Lugosi.

On December 20, 1989, Lugoj became the second city in Romania liberated from the communist dictatorship. This day is a turning point in the history of the city, being celebrated today as Lugoj Day.

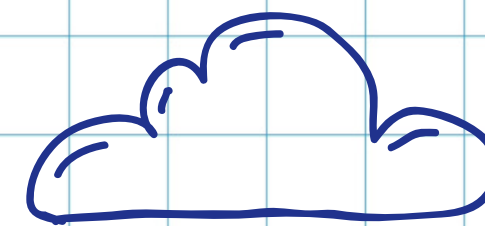
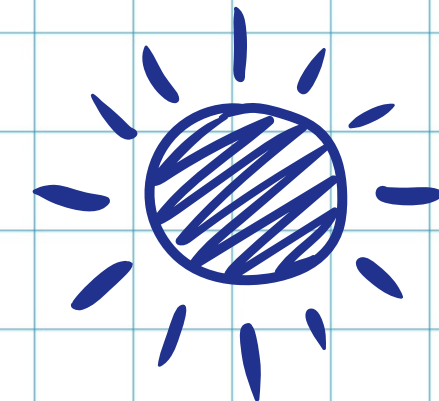


One last thing

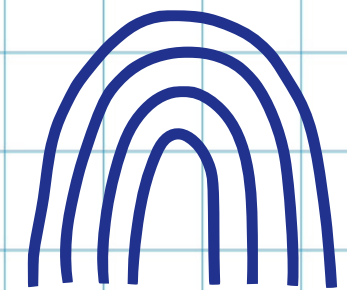
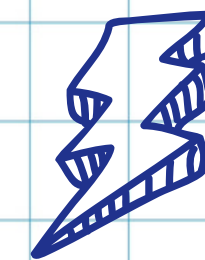
Romanian Currency



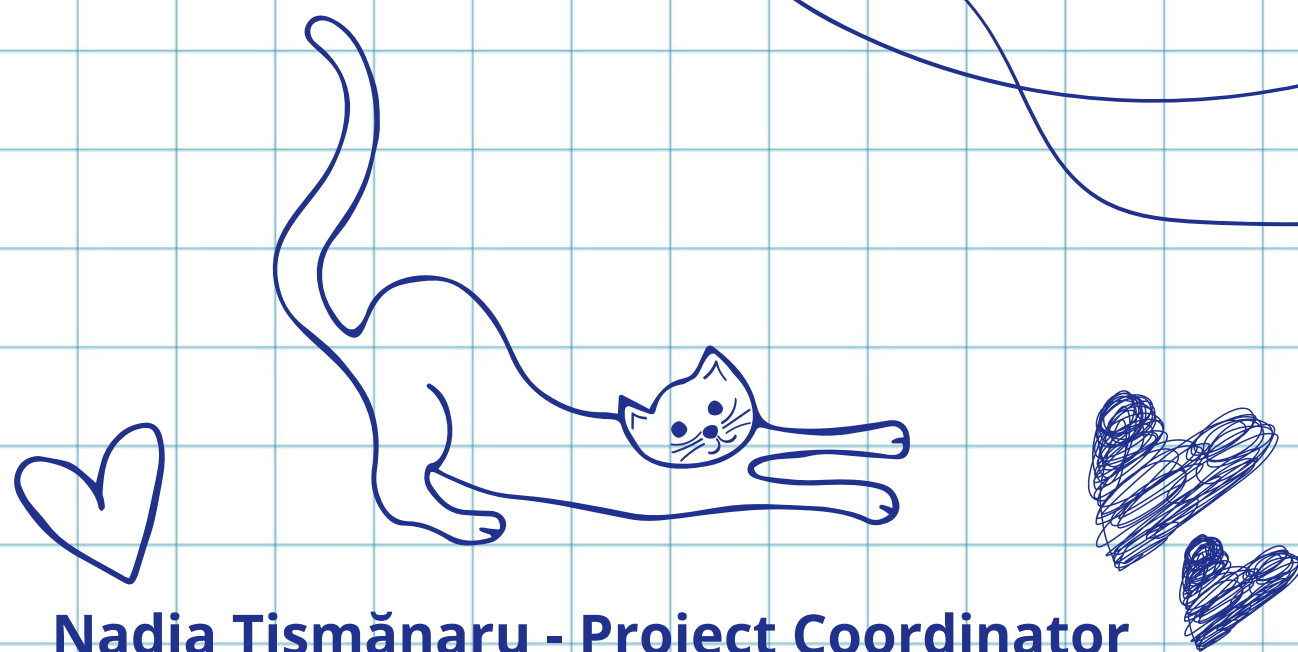
Our National currency is in ron:
1 euro = 4.9 ron



In Timișoara, the summers are warm, the winters are very cold and dry, and it is partly cloudy year-round. Over the course of the year, the temperature typically varies from -5°C to 30°C and it is rarely below -10°C or above 35°C.



*For any questions
contact these people:*



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