YOUTH SUMMER EST

July 15 – August 30, 2022 TIMISOARA, ROMANIA









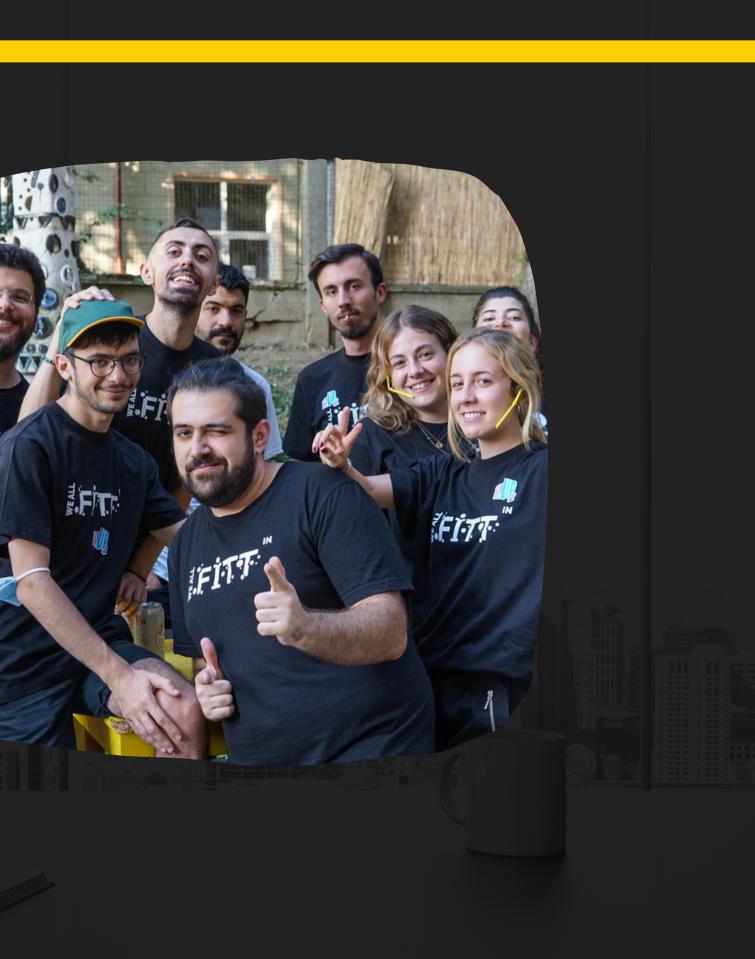




ABOUT THE Project

2022 marks the European Year of Youth, and the city of Timisoara prepares itself for embracing the title of European Capital of Culture in 2023...

...in this context, we invite you to feel the heartbeat of the city through an exciting international youth summer festival in which volunteers organise and promote education artistic, cultural, sports and leisure time events and activities for other young people in Timisoara.



HOW ARE WE GOING TO DO THIS?



+60 volunteers with facilitating experience

these volunteers are artists/trainers and will be able to facilitate events by themselves

Evaluation & closing the project



THE VOLUNTEERS WE SEEK



We are meant to be if you:

- and promoting; organise (and, if you can, facilitate) non-formal activities.
- are between the ages of 18 and 30; • speak English at a conversational level; • are enthusiastic for events planning • are interested to participate in,



WHAT WILL YOU GAIN?

During the project, you will have the opportunity to:

- share a little bit of the identity and culture of your region, and find out others';
- learn about the tools of active citizenship and youth participation;
- discover various forms of volunteering and methods of community engagement and community building;
- plan, implement and promote events in the youth centres of the next European Capital of Culture;
 - meet a lot of young people from different countries and cultures!

This is a project about solidarity, participation, community involvement and social inclusion, so take the opportunity to make a change while developing your skills (teamwork, sense of initiative, events organising).



WE ARE YOUR HOST

Timis County Youth Foundation (FITT) was founded in 1990. It is a public utility umbrella organisation for youth and student NGOs (from 14 different specialties).

Moreover, FITT...

- is a model of democratic behaviour;
- is focusing on youth participation and youth policies;
- has more than 31 years of existence;
- has 31 youth and student organisations as members;
- owns the Youth House, an 11.000 m2 building that is the only youth centre in Romania accredited by the Council of Europe with the Quality Label for Youth Centres (2016-2023) and one of 14 such centres in Europe.



ABOUT THE CITY

Timisoara is a special city.

Everybody feels it, those who were born and live here and those who come here and then decide to stay.

In 2023, Timisoara will be the European Capital of Culture.



As a true youth city, Timisoara received the title of National Youth Capital. The implementation of the 1st edition has been under FITT's coordination from 2nd of May 2016 until the 1st of May 2017.

Timisoara has got many things to offer, such as: • Impressive heritage from different

- epochs and cultures;
- A rich cultural history;
- Agitated and fun nights in the popular clubs;
 Refined evenings in elegant restaurants.

ACCOMMODATION & FOOD

LOCATION OF ACCOMMODATION: STUDENTS DORMS

Accommodation (provided by us): you will be accommodated in one of the student dorms of Timisoara.

Facilities at the accommodation:

- shared bedrooms;
- shared kitchen and bathroom.

Food: 5 EUR/day as food allowance. Pocket money: 3 EUR/day as pocket money.

P.S.: Don't worry, life in Romania is not that expensive :)

TRAVEL

The travel expenses will be reimbursed according to the Erasmus+ distance band. You have to calculate there the travel distance, which applies for both ways (coming and going back): <u>https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator</u>

Budget category	Eligible costs and applicable rules	Amount		
		Travel distance	Standard travel	Green travel
Travel support	Contribution to the travel costs of participants, from their place of origin to the venue of the activity and return. Financing mechanism: contribution to unit costs. Rule of allocation: based on the travel distance per participant. The applicant must indicate the distance between the place of origin and the venue of the activity ⁴⁶ by using the distance calculator supported by the European Commission ⁴⁷ .	10–99 km	23 EUR	
		100 – 499 km	180 EUR	210 EUR
		500 – 1999 km	275 EUR	320 EUR
		2000 – 2999 km	360 EUR	410 EUR
		3000 – 3999 km	530 EUR	610 EUR
		4000 – 7999 km	820 EUR	
		8000 km or more	1500 EUR	

*We don't cover the costs for visa.



WHAT TO BRING WITH YOU





- travel.

- next page).



• ID - Passport or any other document you use for

• Towels, flip flops, swimsuit, hygiene products, and a hairdryer if you need one.

• Medicine if you have any specific illness or medical condition.

• Good vibes and energy :)

• Stuff for the intercultural night (detail on the

WHAT TO BRING WITH YOU

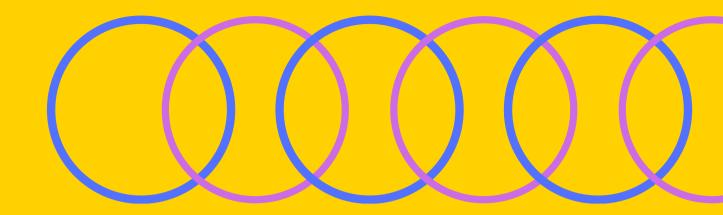


FOR THE INTERCULTURAL NIGHTS

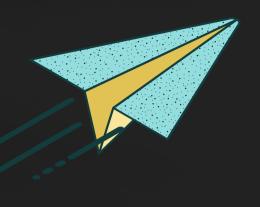
Here are some suggestions on what to bring or prepare:

- Your national flag;
- Some traditional clothes;

- The recipe of traditional dish(es).



• A short presentation with the most relevant info about your country (the main cities, the most visited places, local traditions, creative games or quizzes); • Personal stories you would like to share; • Food and traditional drinks from your region;



TRAVEL INSURANCE AND COVID-19 RESTRICTIONS

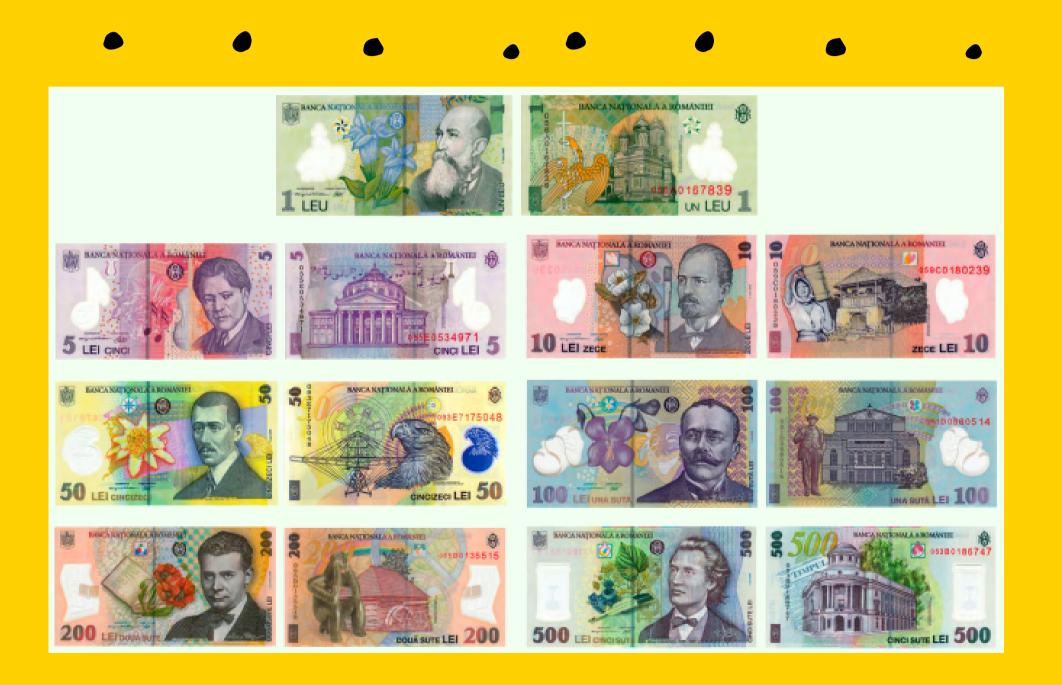
TRAVEL INSURANCE

FITT declines all responsibility for any risk that can occur to participants during their journey, or during their stay in Timisoara. Individual insurance or collective insurance against all risks is therefore necessary, the latter to be arranged by participants. There is a Social Security **Convention on sickness insurance** for member states of the **European Union. Nationals of** these countries can obtain the necessary documentation, the European Health Insurance card.

COVID-19 RESTRICTIONS

The infection rate is stable here at the moment, and over time most of the restrictions have been dropped. Currently, it is only recommended to wear a mask inside. If one of the participants wants certain measures to be implemented, these things will be agreed with the all the group. Also, if participants want to do COVID-19 tests, these tests will be provided by the organisation. Depending on the progress, FITT will come with updates on this.

CURRENCY AND WEATHER



Our currency is RON: 1 EURO = 4.95 RON (or LEI)



This time of the year, the temperature typically varies from 20°C to 30°C.

Apply here:

https://bit.ly/30SpOf9

If you get through the first stage, we will contact you for an interview.





Website: www.fitt.ro Facebook: @fitt.timisoara Instagram: @fitt_timisoara















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