

# YOUTH CENTRES UP<sub>2</sub>

● Solidarity ● Community ● Impact ● Youth

**Become a change maker!**



[facebook.com/fitt.timisoara](https://facebook.com/fitt.timisoara)



**A simple way** to keep track of your own adventure

This can become your story ...

... if you are between 18 and 30 years old and you want to take the opportunity to make a change, benefitting in turn of the occasion to develop skills and abilities such as teamwork, entrepreneurship and organizing events.

Do you want to find out more?

**Continue reading about our project and apply!**





## About Youth Centers UP2

**Youth Centres Up 2** is a short-term European Solidarity Corps project about social inclusion, human rights, solidarity, about **YOU** working shoulder to shoulder with FITT's team and create a space for youth to develop in the neighbourhoods of Timisoara!

After the largest volunteering project in Europe in 2019, Youth Centres UP - first edition, in which more than 90 young people from Europe and not only, worked together with more than 30 Romanian volunteers for setting up 5 youth centers in the neighbourhoods of Timisoara, we are now looking for volunteers with the desire to develop their skills and **turn 10 old industrial buildings into youth centers.**

# The Journey



**This project will take 50 days to complete** and it is split in 4 main parts:

10 days of accommodation and training (accommodation with the city and the new environment; workshops, whose role is to prepare you and the team on specific activities, necessary within the implementation of the solidarity activity; empowerment and community involvement activities)

30 days of arrangement of the spaces - in which the buildings are entering in the process of arrangement and preparation for hosting the activities for young people

7 days of preparation and inauguration - You will receive a budget to organise by yourselves an opening event for the youth centers

3 days of activity evaluation, which will be done at the end

# Goals



1. Developing and strengthening the communities of the young people from the neighborhoods of Timișoara, around the urban youth centers, which contribute to the development of the city, actively participating in the democratic and civic life

2. Improving access, participation of disadvantaged groups (young people at risk or in special need, from disadvantaged areas)

4. The implementation within the 10 youth centers of the Quality Standards for the youth centers

5. Creating an example of good practice within the ESC program for both Romania and at European level by creating an ecosystem for young people in Timisoara

# Skills

Your new skills after this experience:



1. Teamwork competences;

2. Communication skills in a foreign language;

3. Experience in planning of events;

4. Sense of initiative and entrepreneurship;

5. Awareness of cultural differences and / or civic and social competences;

6. Knowledge about the Youth Goals (the project focuses on the Youth Goal no.9 – Safe Spaces and Participation for All);

7. Knowledge about the International Youth Day (August 12);

8. Knowledge of how projects are implemented through community participation;

9. Knowledge about the European Solidarity Corps.





**You are not alone** in this story, we will help you with the basic logistics, from the moment you arrive:

- Accommodation – you will be accommodated in 2 beds bedrooms with own bathroom and common kitchen.
- The accommodation will offer washing machines, shared kitchen with dishes cups and cutlery and microwaves;
- For food you will receive money – 5 EUR per day - and it is up to you what you want to buy and cook;
- Transportation will be covered according to project regulation (same as Erasmus+ and ESC distance band);
- Pocket money – yes we will also provide that (3 Euro per day, don't worry Romania isn't that expensive)



**In order to be prepared**, make sure that you will bring with you:

- a decoded mobile phone (you will receive a SIM card from us);
- comfortable clothes suitable for reshaping the buildings where the youth centres will be;
- summer clothes, shoes & accessories, swimming suit;
- towels, bath flip flops, hygienic products and a hair dryer if you need one;
- solar protection cream and hats for when you will be working outside;
- medicine if you have any specific illness or medical condition; we will have a first aid kit but it doesn't have specialized medicine. If you have any allergies or medical conditions that you think we should know about please inform us beforehand to avoid any complications. We will keep it confidential!
- a lot of good mood, energy and courage :-)





## About Timișoara

Timișoara is a special city. Everybody feels it, those who were born and live here and those who come here and then decide to stay. Timișoara is a city of parks and of heritage buildings, a city both cultural and sportive, a university city, and especially an amazing city to those visiting it.

Timișoara is the city of freedom, which in December 1989 becomes the 1st communism-free city in Romania. Whether you choose to walk along the streets full of a fascinating history, or you choose from the rich cultural offer or an agitated night in the clubs or a refined one in some chic restaurant,

Timișoara has got many things to offer. Timișoara is a permanent space of cultural and ethnical interferences that offers the city multiple advantages.

Timișoara is a rich cultural city with a particular architectural heritage, which gathers in a relatively small space an impressive heritage from different epochs and cultures, traces of different ethnic communities who have left their identity marks here.

Timișoara will be The European Capital of Culture in 2021.

## About Timișoara

Timisoara, the largest city in western Romania The Romans used it as an important crossroads fortress until the Tatars destroyed it in the 13th century. Conquered by Turkish armies in 1552, Timisoara remained under their protection until 1718 when the region of Banat came under Austrian rule for two centuries.

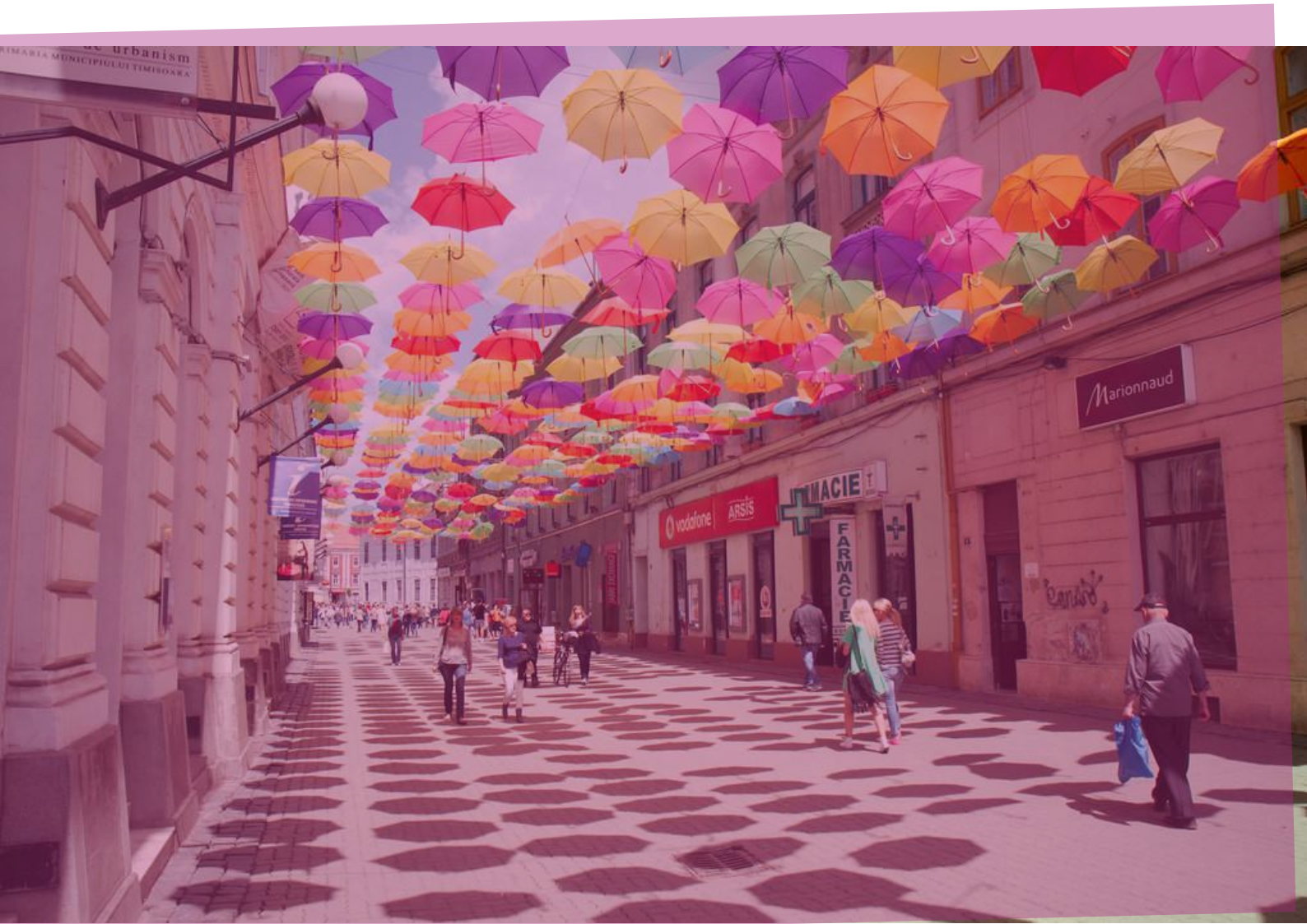
- Timisoara was the 1st European city to introduce horse-drawn trams (in 1869) and electrical street lighting (in 1889);
- Timisoara was built on a swamp;

The Metropolitan Cathedral has 5000 oaks supports underneath it;

- Johnny Weissmuller, Hollywood's original Tarzan, was born here;
- The 1st beer factory in Romania was opened here in 1718.

As a true youth city, Timisoara received the title of the National Youth Capital a programme resulted from the EYC Youth@Cluj-Napoca2015.

The implementation of this 1st edition has been under FITT's coordination since 2nd of May 2016 until 1st of May 2017.





## About FITT

Timis County Youth Foundation (Fundatia Judeteana pentru Tineret Timis – FITT) was founded under the Decree-Law no. 150/1990. It is a public utility umbrella organization for youth NGOs and student NGOs (from 14 different specialities). With 30 member organizations (2000 active young members) and more than 29 years of activity in the West Region, FITT is the most important, old and unique concerning its activity, its legal provisions and its leaders profile, in this part of the country. Our foundation is a model of democratic behaviour, as well, being administrated by a General Assembly consisting of the youth NGOs in Timis County and a board consisting of 13 young people (aged between 18 and 35). We focus on youth participation, local and national youth policies and on promoting the European values at local, regional and national level that are so important to youth nowadays.

We have in possession the Timisoara Youth House (a 11.000m2 impressive building) – which, in 2018, was awarded second time with The Council of Europe Quality Label for Youth Centres.

We are one of the thirteen such Youth Centres in Europe that have this Accreditation and the only one in Romania.



Timis County Youth  
Foundation







Another performance that is considered an asset is the administration of INCUBOXX, the biggest business incubator in Romania and the only one specialized in IT (6.300 m<sup>2</sup>). The Municipality owns the building and FITT's Ltd. company is the administrator of the activity. The incubator is run by young people being under the Municipality of the city. Also, FITT was involved in making the Local Youth Strategy for 2014-2020 and it coordinated the process of making the Timis County Youth Strategy for 2017 - 2021, these being some examples on youth participation and youth policy development on local and regional level.



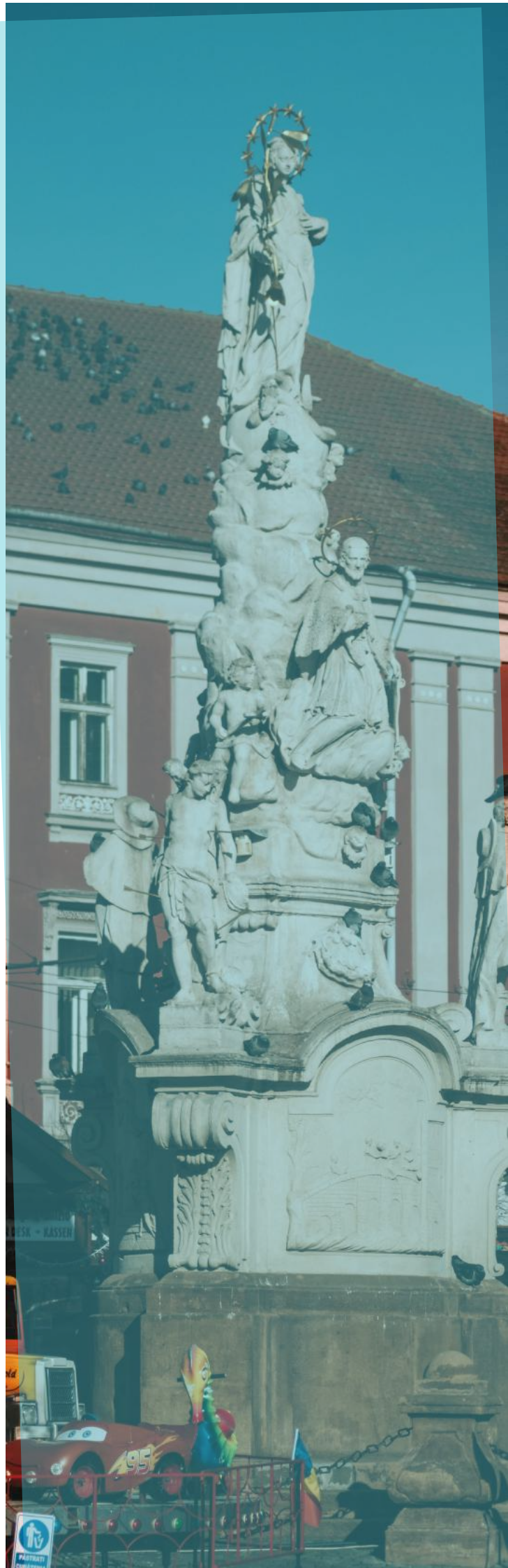


# Weather

In Timișoara, the summers are warm, to hot, with average top temperature of around 29 °C (84.2 °F).

## Currency

Romanian currency is RON  
1 EURO = 4,84 RON



# Checklist for travel reimbursements:

Regular air tickets must be accompanied:

- by the original invoice (signed and stamped)/receipt/pay order/proof of payment;
- the boarding pass (the small ticket stub you receive before boarding the plane);
- the prices stated in the invoices, receipts, etc. must coincide with the price from the ticket;

E-Tickets:

- must include your name, the exact fare you paid, details of your flights;
- must provide the boarding pass (the small ticket stub before you receive before boarding the plane);

Train/bus tickets:

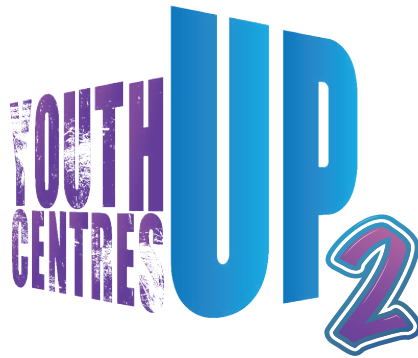
- It is important that the arrival and the departure time, as well as the price to be visible (+invoices if available)

The reimbursement will be done according to ESC distance calculator which one you can check in the link below:

[https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\\_en](https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en)

Eligible costs		Financing mechanism	Amount	Rule of allocation
Travel	Contribution to the travel costs of participants from their place of origin to the venue of the activity and return.  In addition, if applicable, travel costs for Advance Planning Visits.	Contribution on the basis of unit costs	For travel distances between 10 and 99KM: EUR 20 per participant	Based on the travel distance per participant, including accompanying persons. Travel distances must be calculated using the distance calculator supported by the European Commission.  The applicant must indicate the distance of a one-way travel to calculate the amount of the EU grant that will support the round trip <sup>30</sup> .
			For travel distances between 100 and 499 KM: EUR 180 per participant	
			For travel distances between 500 and 1 999 KM: EUR 275 per participant	
			For travel distances between 2 000 and 2 999 KM: EUR 360 per participant	
			For travel distances between 3 000 and 3 999 KM: EUR 530 per participant	
			For travel distances between 4 000 and 7 999 KM: EUR 820 per participant	
			For travel distances of 8 000 KM or more: EUR 1 500 per participant	
Organisational Support	Project management costs (e.g. planning, finances, coordination and communication between partners, administrative costs)	Contribution on the basis of unit costs	EUR 225 per participant Maximum EUR 4 500 per project	Based on the number of participants in traineeships or job activities, excluding accompanying persons.





**Here is a video from the previous edition:**

<https://www.youtube.com/watch?v=m4rqiRBu0dk>

**Contact us here:**



**ESC@FITT.RO**



**Apply by filling in this form:**

**<https://bit.ly/YCUP2-teamvolunteering>**

