







After the largest volunteering project in Europe, Youth Centres UP, in which 93 young people from Europe and not only, worked together with more than 30 Romanian volunteers for setting up 5 YOUTH CENTRES in the neighbourhoods of Timişoara, we are now looking for 14 volunteers with the desire to develop their skills in organising, implementing and coordinating different activities.

The 14 volunteers are going to prepare the neighbourhoods of Timişoara for the arrival of the 220 volunteers, together with whom they are going to set up 10 new youth centres. After the setting up period, the 14 volunteers will continue with organising and implementing activities within the centres.

The project is ongoing and the volunteering stages will start when each of the selected participant arrives at the hosting organisation.



## WHAT DO WE WANT TO ACCOMPLISH?

- Raising awareness of the importance of voluntary activities for personal development among the young people of Timişoara by presenting opportunities to volunteer at local and international level.
- Promoting inclusion and human rights education among young people of Timişoara by implementing weekly workshops.
- Developing skills to **increase the employability** of the 14 volunteers by familiarising them with youth work and youth NGOs.
- Dynamise activities in 10 different neighborhoods of Timişoara, in the newly built youth centres, by engaging young people in non-formal education workshops regarding human rights, personal development and youth participation.
- Debating and exploring the concepts of youth participation and active citizenship at local, national and European level with young people from the marginalised neighbourhoods of Timişoara.







#### **THE JOURNEY**

- 2 weeks for accommodation&training (accommodation with the city and the new environment; workshops, whose role is to train you on specific activities, necessary within the implementation of the solidarity activity; empowerment and community involvement activities)
- Preparing the communities for the 220 volunteers that will come in Timişoara to turn 10 old industrial buildings into youth centres
- Recruiting the volunteers for the short term volunteering activity
- Setting up the youth centres
- Organising activities to dynamise the youth centres (after the setting up period, you will carry out monthly informational sessions/activities about: solidarity, active citizenship, social inclusion, human rights, gender equality)

# PROFILE OF THE VOLUNTEER



#### The volunteers we are looking for should be:

- From 18 to 30 years old;
- Happy to work with youth;
- Fluent in English;
- Excited to develop new skills in organising, implementing and coordinating different activities;
- Brave enough to move for one year in another country.



### **SKILLS NEEDED**

- Skills that are used in youth work: tolerance, the ability to face different aspects of social life;
- Communication skills in a foreign language;
- Learning to learn competence;
- Solidarity behaviour;
- Organising capacity and coordination skills.



# YOU DON'T NEED TO WORRY ABOUT

- Accommodation you will be accommodated in 2 beds bedrooms with own bathroom and common kitchen
- The accommodation will offer washing machines, shared kitchen with dishes cups, cutlery and microwaves
- You will receive money for food (5 EUR per day) and it is up to you what you want to buy and cook
- Transportation will be covered according to project regulation (same as Erasmus+ and ESC distance band)
- Pocket money (3 EUR per day)
- Local transportation
- Airport transfer



### **CHECKLIST FOR TRAVEL REIMBURSEMENTS:**

Regular plane tickets must be accompanied:

by the original invoice (signed and stamped)/receipt/pay order/proof of payment

the boarding pass (the small ticket stub you receive before boarding the plane)

the prices stated in the invoices, receipts, etc. must coincide with the price from the ticket

E-Tickets:

must include your name, the exact amount you paid, details of your flights

must provide the boarding pass (the small ticket stub before you receive before boarding the plane)

Train/Bus tickets

Taxi receipt

It is important that the arrival and the departure time, as well as the price to be visible (+invoices if available)

The reimbursement will be done according to ESC distance calculator which you can check in the link below:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\_en

ELIGIBLE COSTS		FINANCING MECHANISM	AMOUNT	RULE OF ALLOCATION
TRAVEL	Contribution to the travel costs of the participants from their place of origin to the venue of the activity and return. In addition, if applicable, travel costs for Advance Planning Visits.	Contribution on the basis of unit costs	For travel distances between 10 and 99 km: EUR 20 / participant  For travel distances between 100 and 499 km: EUR 180 / participant  For travel distances between 500 and 1999 km: EUR 275 / participant  For travel distances between 2000 and 2999 km: EUR 360 / participant  For travel distances between 3000 and 3999 km: EUR 530 / participant  For travel distances between 4000 and 7999 km: EUR 820 / participant  For travel distances of 8000 km or more: EUR 1500 / participant	Based on the travel distance per participant, including accompanying persons. Travel distances must be calculated using the distance calculator supported by the European Commission. The applicant must indicate the distance of a one-way travel to calculate the amount of the EU grant that will support the roun trip. (30)

The Visa fee will not be covered.

### **ABOUT TIMIŞOARA**

Timişoara is a special city. Everybody feels it, those who were born and live here and those who come and then decide to stay.

Timişoara is a city full of parks and heritage buildings, a city both cultural and modern, a university town, and a beautiful destination for those visiting.

Timişoara became the first communism-free city in Romania in December 1989. Whether you choose to walk along the streets that are full of fascinating history, or you choose something from the rich cultural heritage, you will find yourself amazed by the beauty of the city.

Timișoara is a permanent space of cultural and ethnic interference that offers multiple

advantages. The city offers a particular architectural heritage from different epochs and cultures, as well as traces of different ethnic communities who have left their identity marks here.



Timișoara will be the European Capital of Culture in 2023.

It is the largest city in western Romania, and the third largest in all of Romania.

Timișoara was the 1st European city to introduce horse-drawn trams (in 1869) and electrical street lighting (in 1889).

The city was built on a swamp. The Metropolitan Cathedral has 5000 oaks supports underneath it. Johnny Weissmuller, Hollywood's original Tarzan, was born here.

The first beer factory in Romania was opened here in 1718.

As a true youth city, Timişoara received the title of the National Youth Capital, a programme that started from the EYC Youth @ Cluj-Napoca 2015.

The implementation of this 1st edition has been under FITT's coordination from 2nd of May 2016 until 1st of May 2017.





#### **ABOUT FITT**

Timis County (from 14 different specialities).

With 30 organisations (2000 young members), FITT is the Quality Label for Youth Centres. most important, old and unique foundation concerning its activity, its legal provisions and its leaders profile, in this part of the country.

Our foundation is a model of democratic behaviour as well. being administrated by a General Assembly consisting of the youth NGOs in Timis County and a board consisting of 13 young people (aged between 18 and 35).

We focus vouth participation, local and national

Youth youth policies and on promoting Foundation (Fundatia Judeteană at local, regional and national pentru Tineret Timis - FITT) was level the European values that are founded in 1990. It is a public so important to youth nowadays. utility umbrella organisation for We have in possession the Youth youth NGOs and student NGOs House of Timisoara (a 11.000m2 impressive building) - which, in member 2018, was awarded for the second active time with The Council of Europe



We are one of the thirteen such Youth Centres in Europe that have this Accreditation and the only one in Romania.

Another performance that is considered an asset is the administration of INCUBOXX, the biggest business incubator in Romania and the only one specialised in IT (6.300m2). The Municipality owns the building and FITT's ltd. company is the administrator of the activity. The incubator is run by young people being under the Municipality of the city.

Furthermore, FITT was involved in making the Local Youth Strategy for 2014-2020 and it coordinated the process of making the Timis County Youth Strategy for 2017-2021, these being some examples on youth participation and youth policy development on local and regional level.

In addition, at a local level we implement each year the Youth Project Gala with the aim to promote and reward youth NGOs and encourage the youth projects. The Gala itself is an example of youth participation. The event is youth lead. The jury is composed of more than 50% by youth experts.

At national level, in 2016, on behalf of Timisoara, FITT was the host for the first Youth Summit of Romania, gathering over 150 young participants from all over the country, who were involved in different trainings and activities, resulting in the Youth Resolution, which was adopted by the political parties and included in the government plan for 2016-2020.



## ACCEPT THE CHALLENGE AND FILL IN THE FORM

https://bit.ly/YCUP2-longtermvolunteering

#### **CONTACT**









After movie - first edition:
https://www.youtube.com/watch?v=m4rqiRBu0dk