



Timiș County
Youth Foundation

SET THE TEMPO!

International youth work

Equality and non-discrimination

Citizenship and democratic participation

Human rights education



**EUROPEAN
SOLIDARITY
CORPS**

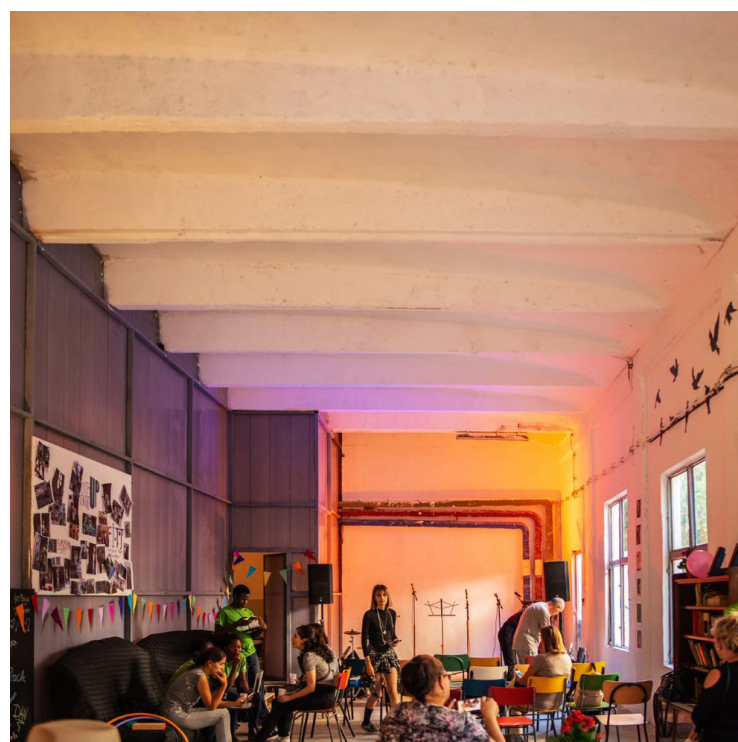
Project title: Set the Tempo!

PROJECT PLACE: TIMIȘOARA, ROMANIA

PROJECT START: 13th-15th OF JANUARY 2020 (arrival)

PROJECT END: 10TH – 12TH OF JANUARY 2021

DURATION: 12 MONTHS



What it is about...

„Set the Tempo!” is a long-term ESC project (12 months) about social inclusion, human rights, solidarity, about YOU working shoulder to shoulder with FITT’s team, getting familiar with youth work and the general functioning of youth NGOs.

After the largest volunteering project in Europe, Youth Centres UP, in which 93 young people from Europe and not only, worked together with more than 30 Romanian volunteers for setting up 5 YOUTH CENTRES in the neighbourhoods of Timisoara, we are looking now for 10 volunteers with the desire to develop their skills in organising, implementing and coordinating different activities, projects and events in these Youth Centres.



What it is about...

What do we want to accomplish?



01. Raising the awareness among young people, in Timisoara, of the importance of voluntary activities for their personal development, presenting them opportunities to volunteer in a local and international level.

02. Promote inclusion and human rights education among young people from Timisoara, by implementing weekly workshops.

03. Developing skills to increase the employability of the 10 volunteers, by familiarizing them with youth work and youth NGOs.

04. Dynamize activities in 5 different neighborhoods of Timisoara, in the newly built youth centres, engaging young people in non-formal education workshops regarding human rights and youth participation.

05. Debate and explore the concepts of youth participation and active citizenship at local, national and European level, with young people from the marginalized neighborhoods in Timisoara.



12

MONTHS

10

VOLUNTEERS

1

CITY

This is what you are going to do... Your activity broadly...

At the beginning of the mobility, you will go through a period of induction in the community and within the FITT team. Also, you will participate in the On Arrival Training organised by the National Agency.

Throughout the mobility, you will attend linguistic training sessions (organized by a teacher or instructor with experience in teaching the language to foreigners) and several training courses that will meet your learning needs to accomplish the project tasks and beyond (complementary activities developed especially for you).

Nevertheless, you will attend a course of non-formal and participatory learning methods and animation in groups of young people and a project management and writing course to learn about developing a project and prepare you to go through all stages of a project: writing, preparing, implementing, evaluating, dissemination.

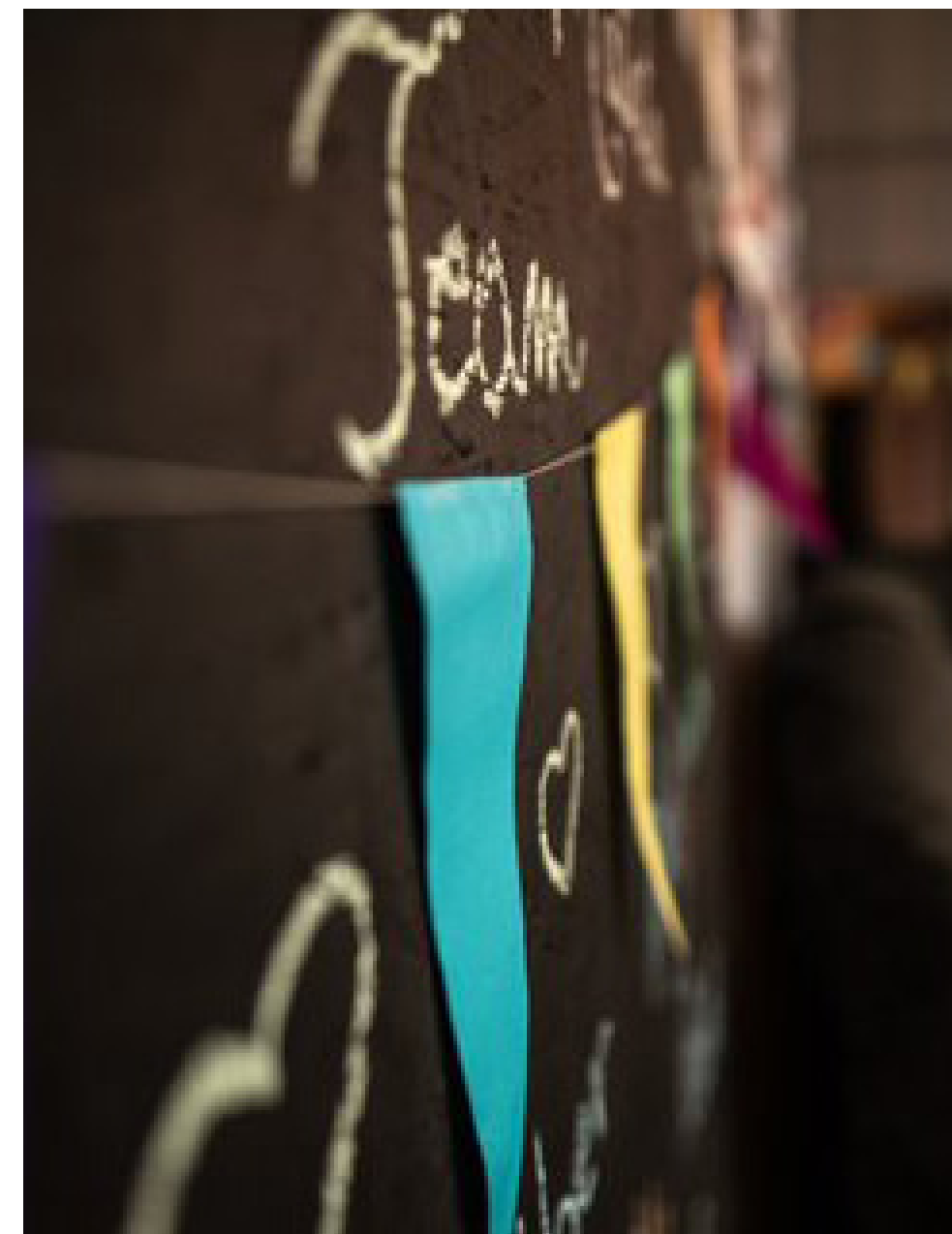


1. Every month, you will carry out (in all the 5 youth centres) informational sessions/activities about:

- solidarity;
- active citizenship;
- human rights;
- social inclusion;
- gender equality.

2. You will organise together with young people from neighbourhoods public campaigns (photo voice, street action)

3. Together with you, FITT will organise at least two recruitments for local volunteers, to become part of FITT's volunteers team, as well as to actively participate in the youth centres in their neighbourhoods.



Volunteer's profile



- Being from 18 to 30 years old;
- Happy to work with youth;
- Fluent in English;
- Excited to develop new skills in organising, implementing and coordinating different activities;
- Brave enough to move for one year in another country.

- **Skills that are used in youth work** - Working together with our youth workers in different communities of Timisoara you'll become more tolerant and more understanding with other people and groups of young people and you will be able to face different aspects of their social life;

- **Communication skills in a foreign language**

- English will be used in the interaction with FITT staff (all educational and program activities staff are English speakers) and because you will stay in Timisoara for one year you will be able to learn also Romanian (at a basic level) - support from FITT staff in order to reach that goal, but also from the local community;

- **Learning to learn competence**

- You will be introduced in the youth work area, FITT being a Quality Labelled Youth Centre by Council of Europe is prepared to offer you all the tools developed by the Youth Department from Council of Europe. Ability to learn by yourself will be developed, because you will have the opportunity to develop new and innovative activities starting from the resources that we have;

- **Solidarity behaviour** - Working day by day in a local community, discovering their challenges and together identifying solutions will be the perfect context to develop an enhance this skill;

- **A life changing experience** - Having a 12 months experience in a foreign country, for you will be enough time to discover some of your strengths and topics of interest, and you'll have a more clear view on where to head to the labour market and your professional life;

- **Organising capacity and coordination skills**

- You'll be responsible to create and implement different activities and events. You will have the liberty to use the resources of FITT to develop together with local community the activities.

What you'll
get with you

You don't need to worry about

Accommodation and food

We will provide accommodation in the Youth House. You will stay for 12 months in your suite room. The meals will be your responsibility, you will have a shared kitchen and you'll receive money dedicated to this, every month (5 EUR – food allowance/day), and of course you'll receive pocket money too (3 EUR/day).

Local transportation and airport transfer

You will be picked up from the airport by FITT team, to avoid any critical or discomfort caused by the transfer. You will be given subscriptions to public transport in Timisoara.

Integration and adaptation processes

You will be included in FITT's team of the volunteers since the first moment of your arrival. You will have an FITT-appointed coordinator to accompany and facilitate your activities within the project. Also, you will be given a resource person, a mentor (outside of FITT staff) who will guide you in the learning



Bring with you:

- a decoded mobile phone;
- comfortable clothes, shoes & accessories suitable for the 4 seasons weather;
- towels, bath flip flops, hygienic products and a hair dryer if you need one;
- medicine if you have any specific illness or medical condition; we will have a first aid kit but it doesn't have specialized medicine. If you have any allergies or medical conditions that you think we should know about please inform us beforehand to avoid any complications. We will keep it confidential!
- a lot of good mood and energy :-)



Checklist for travel reimbursements:

Regular air tickets must be accompanied:

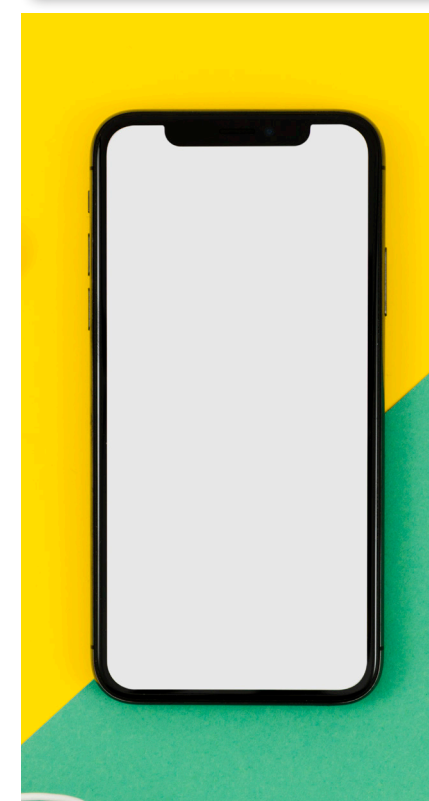
- by the original invoice (signed and stamped)/ receipt/pay order/proof of payment;
- the boarding pass (the small ticket stub you receive before boarding the plane);
- the prices stated in the invoices, receipts etc. must coincide with the price on the ticket.

E-Tickets:

- must include your name, the exact fare you paid, details of your flight;
- must provide the boarding pass (the small ticket stub you receive before boarding the plane).

Train/Bus tickets:

It is important that the arrival and departure time, as well as the price to be visible (+invoices if available).



About Timisoara:



Timișoara is a special city. Everybody feels it, those who were born and live here and those who come here and then decide to stay. Timișoara is a city of parks and of heritage buildings, a city both cultural and sportive, a university city, and especially an amazing city to those visiting it. Timișoara is the city of freedom, which in December 1989 becomes the 1st communism-free city in Romania. Whether you choose to walk along the streets full of a fascinating history, or you choose from the rich cultural offer or an agitated night in the clubs or

a refined one in some chic restaurant, Timișoara has got many things to offer. Timișoara is a permanent space of cultural and ethnical interferences that offers the city multiple advantages. Timișoara is a rich cultural city with a particular architectural heritage, which gathers in a relatively small space an impressive heritage from different epochs and cultures, traces of different ethnic communities who have left their identity marks here.

Timisoara will be The European Capital of Culture in 2021.

Timisoara is also the largest city in western Romania.

The Romans used it as an important crossroads fortress until the Tatars destroyed it in the 13th century. Conquered by Turkish armies in 1552, Timisoara remained under their protection until 1718 when the region of Banat came under Austrian rule for two centuries.

- Timisoara was the 1st European city to introduce horse-drawn trams (in 1869) and electrical street lighting (in 1889);
- Timisoara was built on a swamp; The Metropolitan Cathedral has 5000 oaks

supports underneath it;

- Johnny Weissmuller, Hollywood's original Tarzan, was born here;
- The 1st beer factory in Romania was opened here in 1718.

As a true youth city, Timisoara received the title of the National Youth Capital a programme resulted from the EYC Youth@ Cluj-Napoca2015.

The implementation of this 1st edition has been under FITT's coordination since 2nd of May 2016 until 1st of May 2017.

About us...

Timis County Youth Foundation (Fundatia Judeteana pentru Tineret Timis – FITT) was founded in 1990. It is a public utility umbrella organization for youth NGOs and student NGOs (from 14 different specialities). With 30 member organizations (2000 active young members) and more than 29 years of activity in the West Region, FITT is the most important, old and unique concerning its activity, its legal provisions and its leaders profile, in this part of the country. Our foundation is a model of democratic behaviour, as well, being administrated by a General Assembly consisting of the youth NGOs in Timis County and a board consisting of 13 young people (aged between 18 and 35). We focus on youth participation, local and national youth policies and on promoting the European values at local, regional and national level that are so important to youth nowadays. We have in possession Timisoara Youth House (a 11.000m2 impressive building) – which, in 2018, was awarded for the second time with The Council of Europe Quality Label for Youth Centres. We are one of the thirteen such Youth Centres in Europe that have this Accreditation and the only one in Romania.

Another performance that is considered an asset is the administration of INCUBOXX, the biggest business incubator in Romania and the only one specialized in IT (6,300 m2). The Municipality owns the building and FITT's ltd. company is the administrator of the activity. The incubator is run by young people being under the Municipality of the city.

Also, FITT was involved in making the Local Youth Strategy for 2014-2020 and it

coordinated the process of making the Timis County Youth Strategy for 2017 – 2021, these being some examples on youth participation and youth policy development on local and regional level.

In addition, at local level we implement each year the Youth Project Gala with the main aim to promote and reward youth NGOs and encourage the youth projects. The Gala itself is an example of youth participation. The event is youth lead. The jury is composed more than 50% by youth experts.

At national level, in 2016, FITT, on behalf of Timisoara was the host for the first Youth Summit of Romania. The project gathered over 150 young participants from all over the country, they were involved in different trainings and activities, having as a result the Youth Resolution which was adopted by the political parties and included in the government plan for 2016-2020.



Travel reimbursement according to ESC distance ban.

Eligible costs		Financing mechanism	Amount	Rule of allocation
Travel	Contribution to the travel costs of participants from their place of origin to the venue of the activity and return. In addition, if applicable, travel costs for Advance Planning Visits.	Contribution on the basis of unit costs	For travel distances between 10 and 99KM: EUR 20 per participant	Based on the travel distance per participant, including accompanying persons. Travel distances must be calculated using the distance calculator supported by the European Commission. The applicant must indicate the distance of a one- way travel to calculate the amount of the EU grant that will support the round trip.
			For travel distances between 100 and 499 KM: EUR 180 per participant	
			For travel distances between 500 and 1 999 KM: EUR 275 per participant	
			For travel distances between 2 000 and 2 999 KM: EUR 360 per participant	
			For travel distances between 3 000 and 3 999 KM: EUR 530 per participant	
			For travel distances between 4 000 and 7 999 KM: EUR 820 per participant	
			For travel distances of 8 000 KM or more: EUR 1 500 per participant	

Romanian currency



Our currency is RON

1 EURO = 4,78 RON

Weather

In Timișoara, the summers are warm,
the winters are very cold and dry, and it
is partly cloudy year round.

Over the course of the year, the tem-
perature typically varies from -5°C to
 30°C and is rarely below -10°C or above
 35°C .

SPRING



SUMMER



AUTUMN



WINTER





**Timiș County
Youth Foundation**

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